



**Public Health**  
Prevent. Promote. Protect.

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## JO DAVIESS COUNTY HEALTH DEPARTMENT

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April 4, 2020

FOR IMMEDIATE RELEASE

Jo Daviess County Health Department (JDCHD) is reporting one additional positive cases of novel coronavirus disease (COVID-19) in an individual in their 30s. This brings the total number of laboratory confirmed positive cases in Jo Daviess County to five. To maintain patient privacy, further details about the individuals will not be released. Health Department staff continue to monitor individuals who have tested positive and their close contacts.

JDCHD expects more cases of COVID-19 to be reported in the county and reminds residents that the actual number of COVID-19 cases in Jo Daviess County likely exceeds the five currently reported. Eighty percent of cases are mild, so, based on IDPH recommendation, testing is not performed and the symptomatic person is instructed to stay home for 7 days or 72 hours after symptom and fever-free without the use of fever-reducing medication, whichever is longer.

Anyone with respiratory symptoms that cannot be attributed to an underlying or previously recognized condition should consider themselves a possible case of COVID-19. A confirmed case of COVID-19 is defined as a person with COVID-19-like illness and a positive laboratory test. A possible case of COVID-19 is defined as a person with a fever OR cough OR shortness of breath OR sore throat that cannot be attributed to an underlying or previously known condition. In children, fever with sore throat may be attributable to conditions other than COVID-19 (e.g., strep throat) and the parent/guardian should consult a healthcare provider to rule out other illnesses. <https://www.dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus/personal-guidance-and-testing>

As COVID-19 is spreading in our community, please stay home as much as possible, stay apart by at least 6 feet, and wash your hands often with soap and water for at least 20 seconds, especially before preparing or eating food, touching your face and after you return home. Learn more about how to protect yourself and prepare your community by visiting <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/index.html>.

If you or someone you care about is feeling overwhelmed with emotions like sadness, depression, or anxiety due to COVID-19, call the Substance Abuse and Mental Health Services Administration's (SAMHSA's) Disaster Distress Helpline: 1-800-985-5990 or text TalkWithUs to 66746. (TTY 1-800-846-8517).

***Call your healthcare provider:***

If you experience fever, cough, and shortness of breath (flu like symptoms), stay home and call your healthcare provider before going to a healthcare facility. Inform them of your symptoms.

**For more information:**

Go to IDPH and Jo Daviess County websites.

- <http://dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus>
- <https://www.jodaviess.org>

For general questions about COVID-19, call the IDPH hotline at 1-800-889-3931.