April 9, 2020

FOR IMMEDIATE RELEASE

Jo Daviess County Health Department (JDCHD) is reporting one additional positive case of novel coronavirus disease (COVID-19) in an individual in their 40s. This brings the total number of laboratory confirmed positive cases in Jo Daviess County to nine. Three of these individuals have recovered. To maintain patient privacy, further details about the individuals will not be released. Health Department staff continue to investigate and monitor individuals who have tested positive and their close contacts.

These cases reinforce the importance of actions the public can continue to take to protect themselves and slow the spread in our communities. Unless it is an emergency, we advise individuals who think they may have COVID-19, or have had close contact with someone diagnosed or under evaluation for possible exposure, to stay home and call their healthcare provider for further direction. Do not go to the emergency room, a walk-in clinic, health department, or your doctor’s office. Call ahead and follow the healthcare provider’s instructions. Symptoms of COVID-19 include fever, cough or other cold or flu-like symptoms, difficulty breathing, and/or shortness of breath.

What the public can do:

- **STAY CALM**: You are not alone in this; your community is here to support you. Talk to your friends and family and let them know if you are having concerns.
- **STAY APART**: Keep at least six feet away from others including while shipping. Avoid the lines by taking advantage of pick-up and delivery services for groceries and other goods.
- **STAY PUT**: Stay home, and only go out when essential (buying groceries, picking up medicine, etc.)

By doing these three things, you are not only protecting yourself but those in our community who are at greater risk for contracting this virus, including older adults and those with underlying health conditions.

For more information about COVID-19 and the latest updates and guidance, visit:

- [https://www.jodaviess.org](https://www.jodaviess.org)

For general questions about COVID-19, call the IDPH hotline at 1-800-889-3931.