Jo Daviess County Obesity Coalition

May 2010
Meet Quarterly
One of Top Four Health Issues
WHAT’S THE PROBLEM?
Illinois Alliance to Prevent Obesity

- The IDPH has ID Obesity as Number One Issue for Illinois
- 2/3 of all Illinoisans are Overweight/Obese
- Illinois is ranked #4 in nation for Obese Kids 1/5 Kids Obese
- Obesity is a major determinant for heart disease, cancer, diabetes, and respiratory disease.
- Obesity adds 3.4 billion dollars addition costs to Illinois
- Obesity in kids is associated with poor educational attainment and mental health problems
OUR PURPOSE

• The purpose of the Jo Daviess Obesity Coalition is to help educate the citizens of Jo Daviess County in early intervention practices with obesity.
How can you help us?

“Doctor said to burn more calories.”
How can you help the Coalition?

- We need regular and reliable information about the state of obesity in Jo Daviess County to understand where action is needed the most.
- Height, weight, sex, and age is needed.
- Information is already collected at schools.
- No personal/health information.