

# **FAMILY PLANNING**

## **Minutes for Information and Education Committee**

**DATE:** November 28, 2007  
**TIME:** 3:30-4:30  
**PLACE:** Conference Room at the Jo Daviess County Health Department  
**ATTENDEES:** Brooke Berning, Robin Cichy, Stephen Silberman, Peg Murphy, Judy Behnke  
**AGENDA:** Minutes approved from May2, 2007.

### **Old Business:**

1. Outreach: Presentation on STD's was done at the Alternative High School. At the beginning of the school year, a letter was sent to the Principal about resources available here through the Family Planning program. Follow-up telephone calls have been done.

### **New Business:**

1. New Nurse Practitioner, Peggy Dittmar, she is contracted through the hospital. Clients are seen for exam about 3 day per month on Tuesday or Thursday in AM or PM. The Health Department is happy that this relationship is working well.
2. Staff Training: Counseling Teens on Sexual Coercion  
Uterine Bleeding  
Discussing Abstinence with Adolescents  
Contraceptive Options for the Obese Patient  
Sexual Assault  
Well Woman Visit, Preconception
3. School letters sent. See above.
4. Presentation at Alternative High School, Elizabeth on Nov 7.  
Wal-Mart on June 23 for Women's Health
5. Approval for brochures: Alcohol, A Women's Health Issue  
Breast Self-Examination  
Those attending approved the brochures, approval pending from other committee members.
6. Committee input and discussion. No action taken.

**Next Meeting:** May 1, 2008 (Note date change)

**Your support is appreciated on this committee.**

**Sincerely,**

**Judy Behnke RN, BSN**

cc/I&E Committee/Administrator/jb