



Jo Daviess County

**Wellness Coalition**

Promoting Healthy Living

[www.jodaviess.org](http://www.jodaviess.org)

Tuesday, 07/19/2016, at 4:30 pm

Jo Daviess County Health Department Conference Room

### MEETING MINUTES

**Present:** Jan Barker, Dave Decker, Marty Soat, Lori Stangl, Hendrica Regez and Bill Bingham.

Minutes recorded by Susan Schultz

**Absent:** Elizabeth Kane, Gayle Doersam, Julie Bryan, Nancy Kopperud, Sharon Gillip, Char Kennedy and Diane Reinhold

Approval of the May 17, 2016 Minutes – Lori asked all members present to read over the minutes. Dave Decker made the motion to approve the minutes with Jan Barker seconding. All members present in favor.

Update on transition to the Wellness Coalition:

Website – The website is up and running. It will be ongoing with updating information. Liz Larson is the web designer. Hendrica would like to see more information about nutrition on the website.

Brochure- Liz Larson is updating our brochure and will have it finished soon.

Mission- Our official Mission Statement is on the website.

T-shirts- Lori will be ordering T-shirts for the Coalition in the near future.

Display table and cover- Lori showed the new table cover with the Wellness Coalition name & logo on it to the members.

Article assignments – August - Marty, September – Dave, October – Char, November – Diane and December – Bill

Health Department Staffing Update – A new nurse has been hired. She will be able to help with the Wellness Coalition. If the schools allow it, she will be measuring the students for the BMI data.

Other Items – Dave suggested when setting up the Wellness Coalition table at an event, to make it worthwhile by having more than just brochures to hand out. After discussing, Lori asked members to email her ideas and she will follow up with an email. The Coalition discussed getting involved with an upcoming 5k run on October 1<sup>st</sup> and possibly the stair run on September 10<sup>th</sup>. Bill would like our logo to be sharper; he will check with the high school to see if maybe a student can work on it.

Next Meeting is scheduled for September 27, 2016 at 4:30 pm.

The meeting was over at 5:22 pm.