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Tuesday, March 15, 2016 at 4:30 p.m.

Jo Daviess County Health Department Conference Room

MEETING MINUTES

Present: Marty Soat, Diane Reinhold, Jan Barker, Denise Spielman, Lori Stangl, Dave Decker, Hendrica Regez and InJun Chong, D.C.

Minutes recorded by Susan Schultz

Absent: Gayle Doersam, Sharon Gillip, Julie Bryan, Nancy Kopperud, Char Kennedy and Bill Bingham

Approval of the January 26, 2016 Minutes – Lori asked all members present to read over the minutes. Marty Soat made the motion to approve the minutes with Diane Reinhold seconding. All members present in favor.

Unfinished Business:

Article assignments – Lori will write April's article for the newspaper and Marty will write May's. Send all articles to Lori first before it goes into the newspaper.

Any presentations given that you represent the JDCHD OPC or market the JDCHD OPC, send Lori a written summary.

Health Summit/ Earth Day Participation / Display – The Coalition is not participating in the Health Summit this year. The Coalition will be participating with Earth Day which is April 20th at Turner Hall. We will give out the remaining Obesity Coalition promotional items that we have on hand. Hendrica will send the registration information to Lori. We are planning on having a sugar display. Char will do a class about sugar. Dave has volunteered to help in the morning.

2015/2016 Progress of School BMI Collection – The Scales Mound School is not participating in the BMI Collection. We just received Galena's information. Bill plans on presenting the BMI data to the Galena School Board.

Progress on Integrative Healthcare Class- Nancy Kopperud – Nancy has not yet committed to Lori on what classes she will be offering.

Transition to Wellness Coalition – Lori did communicate with Julie about getting the logo from her so we can change the wording. Dave offered to help with the logo. Lori read the new mission statement that Bill changed. She will forward a copy by email to the Coalition so they can tweak it. The Coalition talked about having a Wellness Website that included a calendar and Facebook. Lori will look into getting clearance from the County.

New Business:

Article assignments – Diane will write June’s article for the newspaper and Dave will write July’s. Send all articles to Lori first before it goes into the newspaper.

Introduction to New Members – Denise Spielman is an ARC board member. She stays active by running daily. She keeps busy working as an consultant for Arbonne Company which is a Healthy Skin Care & Wellness line of products. InJun Chong, D.C., has his own Chiropractic business in Galena which is called Back 2 Health Chiropractic.

Other:

Dave asked Lori to share with Denise how the Obesity Coalition came about. Lori explained that the Health Department does a Community Needs Assessment every five years. From this assessment, the top three priorities are founded. All Health Departments in the State of Illinois are required to have a health plan. The Health Department’s three priorities are Obesity, Diabetes and Cardiovascular. The Obesity Coalition was started with the 2009-2010 Community Needs Assessment. Lori said the Obesity Coalition was well represented by its members.

The meeting adjourned at 5:23 pm.