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**Tuesday, November 25, 2014 at 5:30 pm**

**Jo Daviess County Health Department Conference Room**

**MEETING MINUTES**

**Present:** Lori Stangl, Char Kennedy, Bill Bingham, Marty Soat, Jan Barker, Hendrica Regez and Diane Reinhold

Minutes recorded by Susan Schultz

**Absent:** Gayle Doersam, Julie Bryan and John Wirchnianski

**Approval of the September 23, 2014 Minutes** – Lori asked all members present to read over the minutes. Bill Bingham made the motion to approve the minutes with Marty Soat seconding. All members present in favor.

**Citizens' Comments** – None

**Unfinished Business**

- A. Update on BMI data collection for new school year** – Most of the BMI data is in. Schools that have submitted so far are Galena, Stockton, East Dubuque and River Ridge. We have yet to receive data from Warren and Scales Mound Schools. We have 3 complete years of BMI data. The Coalition is able to draw some conclusions by looking at the chart handed out by Bill Bingham. The Coalition would like to put something together that would portray a trend by looking at the data. Let Bill know if you have any ideas for this. Lori stated no other County in the State has been able to receive the data from the schools like ours. All the State is seeing is the benchmark kindergarten, 6<sup>th</sup> and 9<sup>th</sup> grades data required on school physical forms.
- B. Update on Coalition's website & Facebook Account** – Lori reports from 9-24 to 11-12-14 there were 136 views on the website. Whatever is on our website we are also putting on our Facebook page as a marketing tool.
- C. Update on MMC + ME** – MMC + Me is a free community education program for kids and adults sponsored by Midwest Medical Center. There was a meeting held November 4 at the Galena Middle School from 6:00pm to 8:00pm. Marty reported 6 – 7 people in attendance. Marty feels this may go over better in the summer and is putting this on hold for now.

**D. Update on Farmer's Market** – Hendrica participated in the first Farmer's Market. She didn't bring the Obesity Coalition display since she wasn't sure how much space there would be. The Farmer's Market is the 2<sup>nd</sup> Wednesday of the month in the lower level of the nursing home on Summit St.

**E. Update on the status of the Jo Daviess County Health Department** – Lori reports that the Search Committee has been formed with 7 members. We are hoping for January interviews and possibly an Administrator here in February.

## **New Business**

**A. Assignment for article of the month for January, February & March** – Diane is writing December, Hendrica – January, Diane – February & Jan – March. Lori would like another picture of the Coalition put in the Galena Gazette.

**B. Update on National Food Day – Char** – Tammy's Piggly Wiggly along with the Galena Middle School and High School participated in the Healthy Food Challenge. The students came up with some good eating ideas, created posters, poetry.

**C. Update on meeting w/ Galena Music Boosters – Hendrica, Char** – Hendrica & Char spoke to the Galena Music Boosters about the kids getting mixed messages. They are getting healthy lunches at school and then have junk food and soda at the concession stand. They were told that the adult spectators demand sugar soda. They do not want to offer diet soda due to the chemicals.

**D. Discussion on Rethink Your Drink Campaign** – Hendrica, Marty & Jan watched the video.

**E. Discussion and possible action on updating Jo Daviess County Obesity Prevention Coalition logic model for the new year incorporating goals, activities (2015 Earth Day Fest), meetings, etc.** – Lori reports that the Illinois Project for Local Assessment of Needs (IPLAN) for the upcoming 2015 - 2020 will be Obesity, Cardiovascular and Diabetes. The hope is to have one coalition – Jo Daviess County Wellness Coalition and have the three needs branched out beneath. Bill Bingham has taken interest in the diabetes, Lori is familiar with Cardiovascular. The Coalition discussed the upcoming Health Summit, updated the Logic Model, Earth Day Fest April 29, 2015, Rethink Your Drink presentation. The Coalition discussed changing the time to 4:30 instead of 5:30 for the upcoming 2015 meetings.

**6. Coalition Member's Comments** – None

**7. Citizens' Comments – None**

**8. Next Meeting – January 27, 2015 at 4:30 pm**

**9. Meeting Adjourned - 7:00 pm.**