

Jo Daviess County Obesity Prevention Coalition

Get Active Links

Apple River

Apple River Canyon State Park

- Camping
- Fishing
- Hiking
- Picnicking
- Sledding

Apple River Event Center

Contact Mary Behan

PHONE: 815-492-1320

East Dubuque

City of East Dubuque

<http://cityofeastdubuque.com/calendarofevents.html>

Dunleith Park District

Parklane Drive

PHONE: 815-747-3100

Lacoma Golf Course

8080 Timmerman Dr.

www.lacomagolf.com

Wellness Walking Path

Elementary School Campus

11 School Rd.

Elizabeth

Apple River Fort Site

Walking Path

<http://www.applriverfort.org>

Christian Yoga Classes

First United Methodist Church

Mondays 6:00 – 7:00 pm

Contact Julie Bryan at 815-858-9625

Email: julie.bryan@fsd145.org

Driftless Yoga

Yoga classes for adults and teens

Contact Erin Horn at 217-621-1538

GEAR – Greater Elizabeth Arts and Recreation

- Youth basketball
- T-ball
- Baseball
- Soccer
- Football

<https://gearelizabeth.wordpress.com/>

Steps for Sara Scleroderma walk in September

River Ridge School

Contact Sara Schoenhaar at 815-591-9993

Galena

Chestnut Mountain Resort

8700 W Chestnut Rd

PHONE 815-777-1320

www.chestnutmtn.com

Four seasons activities

- Skiing
- Snowboarding
- Cross Country Skiing
- Hiking
- Miniature Golf
- Alpine Slide
- Swimming
- Mississippi Explorer Cruises

Fever River Outfitters

525 S Main St

PHONE 815-776-9425

www.feverriveroutfitters.com

- Bicycle
- Canoe
- Kayak
- Boat Rentals

Galena Art & Recreation Center

413 S Bench St

PHONE 815-777-2248

www.galenaarc.org

Youth and Adult Programming

- Exercise Classes
- Dance and Gymnastics
- Karate
- Volleyball
- Basketball
- Softball
- Zumba
- Cheerleading
- Flag Football

Galena Birding

Galena Birding Field Trips

602 Monroe St

PHONE 815-777-0621

Galena Golf Club

11557 Highway 20 W

PHONE 815-777-3599

www.galenagolf.webs.com

Public Golf – 18 Hole Course

Galena High School

1206 Franklin St

PHONE 815-777-3086

www.gusd120.k12.il.us

- Tennis Courts

- Track

Galena Main Street Walking Tour

DeSoto House

230 S Main St

PHONE 815-777-9129

www.galenahistorymuseum.org

Galena Parks

City Hall

PHONE 815-777-1050

Depot Park

→Galena Boat Landing

PHONE 815-777-1050

Access through Depot Parking Lot

Bouthillier St

Below the Highway 20 Bridge

This boat landing offers access to the Galena River and is free to the public. Bring your kayak, canoe or any small watercraft and spend the day enjoying the outdoors and scenic landscape.

→Galena River Walking and Bike Trail

3.4 miles of walking, bicycling and cross country skiing trail

Grant Park

Park Avenue

- Playground
- Basketball Court
- Adjacent to Galena River Walking and Bike Trail

Old Cemetery Park

Dodge and Washington Streets

- Playground

- Basketball Court

Recreation Park

Field Street

- Skateboard Park
- BMX Bike Park
- Softball Fields
- Playgrounds
- Basketball Courts
- Croquet Field
- Sand Volleyball Courts
- Bocce Ball Courts
- Shuffle Board
- Horseshoe Pits

Alice T Virtue Memorial Water Park

- Waterslide
- Drop Slide
- Children's Area
- Red Cross Certified Swimming Lessons

Tot Lot Parks – 2 Locations

- Bouthillier St – Across from Grant's Home
- Intersection of Ridge and Elk St

Galena Visitor's Center

Old Train Depot

101 Bouthillier St (Park Avenue and Bouthillier St)

PHONE 877-464-2536

Email: info@galena.org

General Information: www.galena.org

G.O.A.T.S.

Bicycle Club

<http://www.goatscycling.com/membership.html>

Midwest Health and Fitness Center

Midwest Medical Center

One Medical Center Drive

PHONE 815-777-4960

Email: info@midwestmedicalcenter.org

www.galenahealth.org

- Fitness Center
- Personal Assessment and Evaluation
- Individualized Fitness Program Design
- Indoor Cycling
- Fitness Classes
- Yoga and Pilates Classes

Palace Campground

11357 US Highway 20 W

PHONE 815-777-2466

www.palacecampground.com

Hayrides, Swimming and Horseshoes

Galena Territory

Office

2000 Territory Drive

PHONE 815-777-2046 or 815-777-2000

www.thegalenaterritory.com

Kids Recreation

815-777-8272

Children's Crafts, Fishing Events, Basketball & Volleyball

Shenandoah Riding Center

Horse Trail Riding and Riding Lessons

200 N Brodrecht Rd

PHONE 815-777-2373

www.theshenandoahridingcenter.com

Eagle Ridge Resort

444 Eagle Ridge Drive

800-892-2269

www.eagleridge.com

- Golf
- Tennis
- Volleyball
- Play Area
- Biking
- Hiking
- Boating
- Fishing

Lake Galena Marina

100 Marina Drive

PHONE 815-777-2012

Hanover

www.hanover-il.com/

Hanover Park District Fitness Center

Fillmore St

PHONE 815-591-3622

The Wapello Land & Water Reserve

South side of Rt. 84, at the South end of Hanover

Scales Mound

www.scalesmound.com

www.facebook.com/scalesmoundrecreationassociation

High Point Park

- Baseball
- Softball
- T-Ball
- Volleyball
- Features extensive new playground equipment

Stockton

Apple River Canyon State Park

www.dnr.state.il.us/lands/landmgt/parks/r1/apple.htm

Blackhawk Run Golf Course

PHONE 815-947-3011

Mokuteki Martial Arts

105 W Front St

PHONE 815-222-7268

<http://dojos.info/mokutekimartialarts/>

Silkrug Stable

7038 S Curtiss Rd

PHONE 815-947-3597

Stockton Bowling Lanes

102 S Ward

PHONE 815-947-3616

<http://stocktonbowlinglanes.com>

Stockton Co-Op Fitness

108 S Main St

PHONE 815-238-4347

Stockton Park and Pool

PHONE 815-947-3061

Stockton Web Address

www.stocktonil.com

Village of Stockton

www.villageofstockton.com

Warren

Blackhawk Park District

Offering Summer Camps and information on the Pool

209 Franklin St

PHONE 815-745-2607

Meridian Park

Contact Janice Toay

PHONE 815-745-3794

Your Fitness Gym

205 E Main St

Woodbine

Woodbine Bend Golf Course

PHONE 815-858-3939

Jo Daviess Conservation Foundation

“Rivers to Ridges”

<http://www.rivers2ridges.com/index.cfm>

Mississippi River Guide to Recreation

<http://www.missriver.org/>