

2016 MENTAL HEALTH RESOURCE DIRECTORY

Services for persons experiencing mental illness, developmental disabilities, substance use disorders, and trauma—domestic, sexual and emotional, in Jo Daviess County and surrounding areas.

MENTAL HEALTH SERVICES – Jo Daviess County

***FHN Family Counseling Center** www.fhn.org/counseling-services.asp

FHN Family Counseling Center is a community mental health center that offers behavioral health treatment and prevention services to people of all ages. Connection to the FHN Behavioral Health services provides one with an array of emotional and physical health prevention, intervention and crisis services, including 24-hour crisis resolution and placement, when needed. Collaboration with medical and substance use disorder professionals is an important part of the services provided. Galena, IL 815-777-2836

Interactions Therapy Center www.interactionstherapycenter.com

Dr. Gail Gabbert's counseling practice treats people with mental health, relationship, and addiction issues. Treatment is solution-focused as concrete interventions are sought to change unhealthy patterns. Galena, IL 815-777-2850

Jo Daviess County Juvenile Justice Council

The Council works to reduce and prevent juvenile delinquency and truancy in Jo Daviess County. Educational programs are provided in schools related to self-image, abstinence, self-abuse, bullying, suicide, teen violence and destructive behaviors, and school and community safety. Programs related to substance abuse include tobacco use, the dangers of drunk driving, and crack and meth addictions. Programs on "Why Teens Kill" have been presented for law enforcement, court and school personnel.

Judith Rowett Counseling

Judith Rowett, RNret, LISW, LCSW, provides mental health treatment for adults, children and adolescents, as well as Marital and Relationship Therapy, Family and Blended Family Therapy, Individual Therapy, and Mediation. Galena, IL 815-777-0138 or 563-556-1643

MENTAL HEALTH SERVICES – Other Areas

Catholic Charities www.catholiccharitiesdubuque.org

Professional counseling for marriages, families and individuals experiencing various social, emotional and interpersonal struggles is provided. Services are available to anyone regardless of religious, social or economic background, and a variety of payment options makes counseling attainable for anyone who is truly in need. Services post abortion ("Project Rachel") and crisis pregnancy counseling services are free. Dubuque, IA 563-588-0558, or toll free 800-772-2758

Finley Hospital Summit Center www.unitypoint.org/dubuque

Summit Center is a 9-bed acute inpatient gero-psychiatric unit for patients 55 and older in need of treatment for dementia with behavioral disturbance, depression and/or anxiety. In addition to the acute inpatient unit, there is an Intensive Outpatient Program (IOP), which includes small group counseling sessions for eligible patients. Dubuque, IA 563-589-2566

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Hillcrest Family Services www.hillcrest-fs.org

Hillcrest offers comprehensive mental health care options for children and adults ranging in services for the treatment of mental illness, for wellness advocacy, transitional living and in-home support. Residential treatment for adults and children with mental illness is also provided. Dubuque, IA 563-583-7357 or toll free 877-437-6333

Medical Associates www.mahealthcare.com

The Department of Psychiatry & Psychology in Dubuque provides professional services for individuals with emotional, cognitive, and behavioral concerns. A Child Subspecialty offers comprehensive assessment and treatment of children with mental health and behavior concerns. Dubuque, IA 563-584-3500

Mercy Medical Center-Dubuque www.mercydubuque.com

The Mercy Psychiatric Services Unit offers inpatient services for both adolescent and adult patients. Disorders treated include: mood disorders including depression, mania and bipolar; anxiety; schizophrenia; personality disorders; addictions including alcohol and drugs. Treatment also available for co-occurring psychiatric and substance use disorders. Mercy Psychiatric Services is the only full-service psychiatric facility in Dubuque, IA 563-589-9299

Monroe Clinic Behavioral Health www.monroeclinic.org/behavioralhealth

The founding physicians of Monroe Clinic built their practice on the philosophy of caring for the mind, body and spirit. Today, a team of psychiatrists, psychologists, and psychotherapists continue to provide real answers and holistic care. Services for adults, children, and couples include individual and group therapy. Clear communication and patient education empowers patients to achieve a positive health experience. Monroe, WI 608-324-2321

Southwest Behavioral Services www.southwesthealth.org

Southwest Behavioral Services (SBS) is a service of Southwest Health. Services include inpatient acute geriatric psychiatric services for patients that are 55 years and older, an outpatient mental health clinic serving all ages, and Intensive Outpatient Psychotherapy, a group therapy program for patients 55 years and older held in the outpatient clinic. Memory Diagnostic testing is available every Wednesday afternoon at the outpatient clinic. Platteville, WI 608-348-3656

DEVELOPMENTAL DISABILITIES SERVICES – Jo Daviess County

Access Services of Northern Illinois www.accessni.com

Individual Service Coordinators provide assistance to individuals with developmental disabilities and their families in accessing their community and its resources, and is the point of entry to access state or federally funded services. 815-282-8824

Northwest Special Education Cooperative www.northwestcoop.com

The Northwest Special Education Cooperative provides special education and related services to member district schools in Jo Daviess, Stephenson, and Carroll counties in Northwestern Illinois. Staff, students, and families may be served. Available services include social work, school psychology, occupational and physical therapy, vision and hearing teacher services, behavior consultation, and vocational transition services. Consultation regarding special education processes and procedures is also available. For those students who qualify, the Cooperative also offers Northwest Academy, a day treatment program for students with emotional and behavioral concerns. 815-599-1947

Northwest Academy

Some students may be served at Northwest Academy, a safe, caring, therapeutic environment where students with educational and social challenges can best develop the skills and character necessary to successfully rejoin their school communities. Northwest Academy primarily serves students whose home districts belong to Northwest Special Education Cooperative. Elizabeth, IL 815-599-1947

***Rainbow Ridge/Kreider Services** www.kreiderservices.org

Community living services for persons with intellectual and developmental disabilities in Jo Daviess County are operated by Kreider Services. Homes are located in Galena and Stockton. The mission of Kreider Services, a non-profit organization based in Dixon, IL, is to help people with disabilities reach their fullest potential. Galena, IL 815-777-3634

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***The Workshop** www.theworkshopgalena.org

The Workshop is a vocational rehabilitation agency that provides services to individuals with developmental disabilities. Real work experiences are provided in the industrial contracts program. Educational instruction, social skills training and activities, and wellness programs are also provided. High school students in special education may participate in the transition program, and individuals seeking competitive community employment can be supported through Workshop programs. Galena, IL 815-777-2211

DEVELOPMENTAL DISABILITIES SERVICES – Other Areas

Illinois Crisis Prevention Network (ICPN) www.icpn.us

ICPN provides services for individuals with intellectual disabilities who are experiencing severe behaviors and are struggling to maintain in their current home or placement. Clinicians provide strategies to reduce or eliminate these behaviors, training for staff or caregivers to cope and work effectively with their clients, and help locating resources in the community. Rockford, IL 815-316-4794

SUBSTANCE USE DISORDERS SERVICES – Jo Daviess County

Alcoholics Anonymous www.aa-nia.org

Meetings are held in Galena: Grace Episcopal Rectory, 309 Hill Street; First Presbyterian Church, 106 N. Bench Street; Midwest Medical Center, Route 20.

Stockton: Holy Cross Parish Hall, 223 E. Front Avenue.

Warren: St. Ann's Catholic Church, 608 E. Railroad St.

For specific day, time and type of meeting, call 800-452-7990 (24 hours/7 days).

*** Galena Clinic** www.galenaclinic.com

Galena Clinic is a community-based outpatient program offering a multi-disciplinary approach to the diagnosis, treatment and recovery from substance abuse, including counseling for co-occurring mental health issues. Services include DUI evaluation and treatment, methadone and suboxone maintenance, as well as treatment of other forms of substance abuse. Galena, IL 815-777-1300

Jo Daviess County Sobriety Court

Sobriety Court is a team approach to promote public safety by providing meaningful treatment, enhanced supervision and ongoing judicial oversight to the high-risk substance abuse offender. Contact Jo Daviess County Probation Department, Jo Daviess County Court House. Galena, IL 815-777-0356

SUBSTANCE USE DISORDERS SERVICES – Other areas

Sojourn House www.sojournhouse.com

Sojourn House provides alcohol and drug abuse intervention and treatment services to adults, adolescents and their families throughout Northwestern Illinois. Programs provided include: residential, halfway house, intensive outpatient, aftercare groups, family services, DUI remedial education and intervention, family education, and on-call services. Freeport, IL (815) 232-5121

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TRAUMA SERVICES – Domestic, Sexual and Emotional Jo Daviess County

* **Galena Clinic** www.galenaclinic.com

Galena Clinic provides treatment for perpetrators of domestic violence, and people who are abusive in their primary relationships. The intervention in these relationships helps to ensure the safety of the victim and their children. Galena, IL 815-777-1300

* **Riverview Center** www.riverviewcenter.org

Riverview Center is a non-profit agency committed to providing free, confidential, compassionate, client-centered care for individuals affected by sexual and domestic violence in the tri-state area of Illinois, Iowa, and Wisconsin. Galena, IL 815-777-8155

Jo Daviess Sexual Assault Hotline: 1-888-707-8155

Jo Daviess Domestic Violence Hotline: 1-815-777-3680

* **Tyler's Justice Center** www.tylersjusticecenter.org

Tyler's Justice Center for Children serves as a central location for intake, investigation, and follow-up for all victims of sexual abuse, and/or serious physical child abuse, ages 0 – 18, in the tri-county area of Jo Daviess, Carroll, and Stephenson counties. Tyler's Justice Center is a non-profit Children's Advocacy Center (CAC). Stockton, IL 815-947-6030

Victim Witness Advocacy Services

The Victim Witness Coordinator Service provides assistance to victims and witnesses in cases that are being prosecuted by the County State's Attorney. Services include emotional support, court advocacy, resource referrals, notification regarding cases, assistance with impact statements, and restitution through Crime Victim Services. Contact the Office of the State's Attorney, Galena, IL 815-777-0109.

TRAUMA SERVICES – Domestic, Sexual and Emotional Other Areas

Voices DV www.voicesdv.org

The mission of Voices DV is to provide advocacy and support to all victims of domestic violence. Sexual Assault Services, located at Voices, are provided to victims and significant others who request medical advocacy, criminal justice advocacy, therapy, and counseling services. Freeport, IL 815-232-7200

****Organizations funded by the Jo Daviess County Mental Health Board***